



HOW TO TRAIN YOUR CHILD FOR DISCIPLINE?

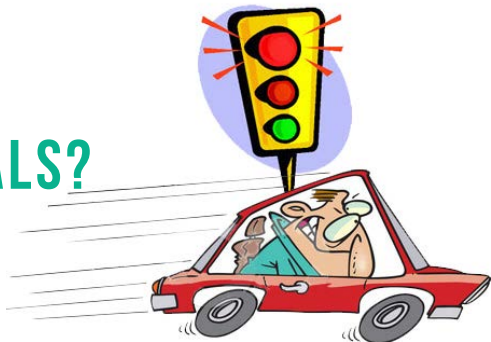


@TheWowParenting

www.wowparenting.com



**HOW MANY OF YOU
BREAK TRAFFIC SIGNALS?**



**HOW MANY OF YOU USE
SNOOZE BUTTONS?**



**HOW MANY OF YOU ARE
OVER 80% PUNCTUAL?**





AS A PARENT...WHERE DO YOU THINK YOU NEED MORE DISCIPLINE?

Sleeping time?



Waking up time?



Eating quality?



Eating time?



Savings?



Punctuality?



TV time?



Gossiping?



Social media
time?



Communicating
Respectfully?



MENTAL DISCIPLINE TO FOCUS ON POSITIVE?



WHAT IS DISCIPLINE?

MY ABILITY TO SAY YES TO 1 AND NO TO 99.

To discipline kids, we have two options

1. Tough Love



2. Rough Love



Let us analyze both and find out what is better for our kids...



TOUGH LOVE HAS...ROPE

1. Respect
2. Optimism
3. Patience
4. Empathy



The core idea is - We have to learn to face the consequences of our choices.

The approach is - I will support you during your temporary pain

THE OUTCOME IS...LHS

- Kids cannot be upset for **LONG** term. Long term they will thank me and say, "Thank God, my father was TOUGH."
- **Hurt** is superficial and short term
- Creates **Self Esteem** and **Self Belief**

Kids will resist Tough Love. They prefer 'next time onwards...'



ROUGH LOVE

1. Disrespect
2. Negativity
3. Impatience
4. Judgements



The Core idea is...YOU are not good enough

The approach is...I am going to punish you

THE OUTCOME IS...HIDE

1. **H**urt is deep and long term
2. **I**nferiority complex
3. **D**estroys potentials
4. **E**motional dramas

DISCIPLINE YOUR KIDS WITH

TOUGH LOVE AND NOT ROUGH LOVE



Loved it.
Great.

Now Go Be the "HERO" Parent.

Share it to your Friends and Family on WhatsApp. 

For all your doubts or queries download our app and **#AskNaren**

Explore our app

- › Get Access to Awesome Parenting Content.
- › Funny Videos, Short 8 Mins Lessons.
- › Free Counselling, Free Giveaways, Live Events etc.

https://wowparenting.app.link/disciplineachild_141218

AVAILABLE ON



Follow us on:

   @TheWowParenting

www.wowparenting.com